


Basic Equitation and Horseback Riding Learning Chart

<u>Topics</u>	<u>Level 1</u>	<u>Level 2</u>	<u>Level 3</u>	<u>Level 4</u>
Safety Rules **Follow all instructions when given.**	-Barn -Wait for permission to enter the barn -Walk only -Calm voices except in an emergency -Keep ALL gates locked at all times -Horses -Walk and stand in safe zones only -Always have control of your horse -Tie your horse to a rail -Hold the lead rope or reins -Sit calmly in the saddle			
A Getting Your Horse	-Halter -Flat Halter -Lead the Horse -Hold the lead rope properly -Tie Horse to Tie Rail -Use quick-release knot	-Catch -Stall -Pre-position the horse -Approach	-Catch -Large area -Approach	-Halter -Rope Halter
B Getting Your Horse Ready	-Groom -Body Brush	-Groom -Curry Comb -Hoof Pick	-Groom -Mane and Tail Brush	-Groom -PoloWrap (if necessary)
C Getting Your Horse Ready for Riding	-Tack Up -Bring tack to the horse -Saddle Pad/ Blanket	-Tack Up -Saddle and Girth -Lead in a Bridle	-Tack Up -Bridle -Adjust stirrups from the ground	-Tack Up -Adjust stirrups from the saddle
D Getting Ready to Ride	-Helmet (mandatory) -Have your own or one will be provided, fitted, and placed on your head -Bandana and Leg Chaps (optional)	-Helmet -Adjust strap and snap -On the Ground -Move horse one step forward -Move horse one step backward	-Helmet -Find the right size helmet -On the Ground -Move hips away left and right -Observe longing	-On the Ground -Square up -Pre-ride longe and evaluation -How is your horse feeling/behaving today?

<p>E</p> <p>Getting on Your Horse</p>	<p>-Mount -Mounting Block -Near Side -Off Side</p>	<p>-Cinch Up</p> <p>-Mount - Ground -Near Side -Back up one step</p>	<p>-Mount -Ground -Off Side</p>	<p>-Mount -Your choice of side -School a horse that avoids being mounted (if necessary)</p>
<p>F</p> <p>Riding Your Horse</p> <p>(Instructor will demonstrate what is expected.)</p>	<p>-Emergency Brake! -One rein stop</p> <p>-Balance -No stirrups</p> <p>-Hands Positioning</p> <p>-Posture -(ESHH!) Ears, Shoulders, Hip, Heel</p> <p>-Transition -Walk, Stop, Back up</p> <p>-Turn Right and Left -Use reins only</p>	<p>-Transition -Walk over objects -Trot -Sitting trot -Post on diagonals</p> <p>-Turn Right and Left -Use reins and leg cues</p>	<p>-Transition -Trot -No stirrups -Post on diagonals</p> <p>-Lope/Canter -Identify the lead</p>	<p>-Transition -Lope/Canter -Pick up the correct lead -No stirrups</p>
<p>G</p> <p>Getting off Your Horse</p>	<p>-Dismount -Mounting Block -Near side -Off side</p> <p>-Put Stirrups Up (English only)</p>	<p>-Dismount -Ground -Near side</p>	<p>-Dismount -Ground -Off side</p>	<p>-Dismount -Your choice of side and distance</p>
<p>H</p> <p>Getting Your Horse Ready for Turnout</p>	<p>-Tie Horse to Tie Rail -Use quick-release knot</p> <p>-Halter -Flat Halter</p> <p>-Untack -Cinch -Girth</p> <p>-Groom -Body Brush</p>	<p>-Untack -Bridle -Saddle</p> <p>-Groom -Hoof Pick</p>	<p>-Groom -Hose down (when necessary) -Sweat Scraper</p>	<p>-Polo Wrap -Remove and re-wrap</p>
<p>I</p> <p>Turning Out Your Horse</p>	<p>-Lead -Safe positioning</p> <p>-Equipment Check -Put away pieces properly</p>	<p>-Release -Wait for head yield</p>	<p>-Equipment Check</p>	